

Effective EMDR Techniques with Children

A one day workshop on how to use EMDR in your professional work with children

Offered by: Jan Yordy, M.Ed., MSW, RSW,

Certified EMDR Therapist, CACPT Play Therapist & Brain Gym Instructor

Saturday May 5th, 2018, from 9:00am to 4:30pm

185 Frobisher Drive, Waterloo, ON, N2V 2E6

The morning will cover:

- An introduction to Brain Gym & the Triune Brain Theory
- Adaptive Information Processing Model & Child Brain Development
- Three Types of Children in Therapy
- Client History & Treatment Planning
- Preparation Phase with Children
- Using a Skills-building Games Approach
- Creating a Toolbox of Strategies for Calming Reactivity

The afternoon will cover:

- Brain Gym Warm Up
- Creating Resources to Enhance Processing
- Accessing Negative & Positive Cognitions & SUDs
- Evaluating the Readiness for EMDR Processing
- Desensitization
- Installation & Body Scan
- Creating Interweaves to Use with Child
- Closing Questions & Comments

To learn more about Jan Yordy and her unique resources for using with children visit, www.energyconnectiontherapies.com

Completion of an EMDRIA Approved EMDR Basic Training is required

6 hours of EMDRIA Credits will be provided

Register at: www.energyconnectiontherapies.com/product/emdr-with-children-workshop/
\$150.00 + 13% HST You may also mail a cheque or send e-transfer

For More information, call Jan Yordy at: 519-747-7747
or email yordy@energyconnectiontherapies.com

Jim Lichti maintains responsibility for this program & its content in accordance with EMDRIA requirements

Refreshments provided. Bring a lunch or purchase nearby.