

# Effective Techniques for Using EMDR with Children

*A one day workshop on how to use EMDR in your professional work with children*

**Offered by: Jan Yordy, M.Ed., MSW, RSW,**

*Certified EMDR Therapist, CACPT Play Therapist & Brain Gym Instructor*

**Saturday April 1<sup>st</sup>, 2017, from 9:00am to 4:30pm**

*Trinity Montessori School, 9211 Woodbine Ave., Markham, ON L3R 0K1*

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## **The morning will cover:**

- An introduction to Brain Gym & the Triune Brain Theory
- Adaptive Information Processing Model & Child Brain Development
- Three Types of Children in Therapy
- Client History & Treatment Planning
- Preparation Phase with Children
- Using a Skills Building Games Approach to Help Child Prepare
- Accessing System's Capacity to Process Disturbing Events
- Creating a Toolbox of Strategies for Calming Reactivity

## **The afternoon will cover:**

- Brain Gym Warm Up
- Creating Resources to Enhance Processing
- Accessing Negative & Positive Cognitions & SUDs
- 3 Pronged Protocol for Identifying Targets
- Evaluating the Readiness for EMDR Processing
- Desensitization
- Installation & Body Scan
- Creating Interweaves to Use with Child
- Closing Questions & Comments

To learn more about Jan Yordy and her unique resources for using with children visit,  
[www.energyconnectiontherapies.com](http://www.energyconnectiontherapies.com)

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**Completion of an EMDRIA Approved EMDR Basic Training is required**  
6 hours of EMDRIA Credits will be provided

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Register at: [www.energyconnectiontherapies.com/product/emdr-with-children-workshop/](http://www.energyconnectiontherapies.com/product/emdr-with-children-workshop/)  
\$120.00 + 13% HST

For More information, call Jan Yordy at: 519-747-7747  
or email [yordy@energyconnectiontherapies.com](mailto:yordy@energyconnectiontherapies.com)

Jim Lichti maintains responsibility for this program & its content in accordance with EMDRIA requirements

**Refreshments provided. Bring a lunch or purchase nearby.**